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BY ELLIOTT HARRIS Sun-Times Columnist



WEIGHTLIFTER'S A BOBSLEDDER, TOO: Olympian task, and then some

An uplifting weekend is what **Ingrid Marcum** has planned.

Mainly because she is a weightlifter, who will be among the competitors in the Pan-American, Ibero-American and USA National Weightlifting Championship today through Sunday at the UIC Forum, 725 W. Roosevelt.

Does she have any goals that might be weighing on her mind and/or body?

"I do, I always do," the Elmhurst resident told Quick Hits. "I've been poking at personal record numbers recently. Just set a record in my clean-and-jerk about a month ago, so I'm hoping to equal or better that. I'm thinking 110-plus [kilograms] in the clean-and-jerk and something above 90 in the snatch."

Marcum, 33, has Olympic aspirations and hopes to realize them before the 2012 Games in London. She also is a bobsledder with eyes on the 2010 Winter Games in Vancouver.

So if the IOC would approve something like bobsled lifting, she might be a gold-medal favorite.

"That would be fantastic," she said. "Some of our bobsledders and some of the other bobsledders in the world, there are some that are pretty darn strong."

The chance of seeing her in the Olympics?

"It's going to entirely depend on my performance over the next year -- for bobsled anyway," she said.

Then the Summer Games.

"That's my next goal after that, definitely," she said. "And I hope to still be competing when we have the Games in Chicago [possibly 2016]. That would be awesome."